

Master Integrated Care Design

In today's health and social care environment, professionals need to manage and deliver health services in such a way that all people have access to services that are provided in ways that responds to their preferences, are coordinated around their needs, and are safe, effective, timely, efficient and of good quality.

As the numbers of people with age-related comorbidity increases, so the growing complexity in their needs means that it has become more difficult to mobilize resources effectively to meet new demands. Moreover, people have become more articulate users of care services and cultural diversity demands increasingly more specific expertise amongst care professionals and care teams.

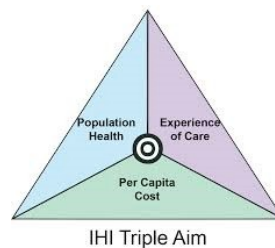
The need to create more integrated systems of care delivery means that health care managers and professionals must take on new roles and learn new skills to develop the joint responsibility that will be needed for a more person-centered approach to care. There is a need for future care professionals to understand not only the future content-related aspects in dealing with more complex cohorts of patients and service users, but also to become experts in the managerial and relational skills necessary in working in new multi-disciplinary teams and environments.

The Aim of the Masters Course

This Masters course on *Integrated Care Design* seeks to provide senior-decision-makers, managers and care professionals with a cohesive and blended programme that seeks to understand how

What is Integrated Care Design?

approaches to integrated care can support the delivery of the *Triple Aim* goals in care delivery: a better care experience for clients; better care outcomes and improved population health; and a more sustainable and cost effective care system.



The course is relevant to people working to achieve innovations in multi-disciplinary health and welfare delivery through service redesign. It is relevant to those working in municipal and health authorities, for insurers, within care providers, the third sector as well as patient associations.

Students on the course should be competent managers, professionals or advocates who are well placed to make a significant contribution to the future development of innovations that promote integrated in complex, multidisciplinary settings.

Program Organisers

This course provides health- and welfare providers with the tools they require for the design of integrated care. The program was created through collaboration between the Faculty of Health Care and the Faculty of Social Science and Law of Hogeschool Utrecht, University of Applied Sciences.

The course is a competence-oriented, two-year and part-time

The course is organized in association with the Integrated Care Academy ©, the education and training arm of the International Foundation for Integrated Care (IFIC), a Dutch Foundation dedicated to advancing the science, knowledge and adoption of integrated care in policy and practice around the world.

Duration

2 years on a part-time basis

Form

Blended/distance learning

Study load

21 hours /week

Location of instruction

Distance learning combined with face-to-face training

Costs

€ 15,000

Admission requirements

Candidates who have completed a course of higher professional education or a comparable competency level in the field of health care and welfare are eligible for admission to this program.

Course Design

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program that offers a cohesive program with regard to content,



level didactics and action learning. All of this takes place in a highly effective learning environment in which innovation in practice is the focal point. Students are encouraged to utilize state-of-the-art knowledge from a variety of sources, including scientific literature and also from IFIC's expert community taking forward integrated care in policy and practice.

Each taught module is completed with an assignment that enables the student to apply their learning to the immediate resolution to a practical issue in integrated care design.

In the first year, the core of study lies in the development of academic competences and a deepening of specialized comprehension of integrated care. In the second year, students are encouraged and supported to apply this knowledge and build their skills and competencies. Attention is paid to critical reflection with regard to the development of personal effectiveness.

Educational Support

A group instructor provides students with support for the understanding of the cohesion of the program as a whole and helps to solve any problems that may arise with regard to the progress of their studies. In addition, they will have allocated a mentor either inside or outside the institution. The mentor assists with tailoring learning to the individual needs of the student in the context of their professional lives.

IFIC Community

A unique aspect of the course will be the ability of students to enroll as IFIC members to gain:

- Registration to attend IFIC's Annual International Conference on Integrated Care (ICIC);
- First year ICIC participation at ICA© session on the *Essential Skills* of integrated care
- Second year oral papers at ICIC based on students' MSc research at special *Integrated*

Care Design workshop

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- Expert support in writing for publication
- Opportunity to engage in special interest groups and forums related to the student's work
- Opportunity to participate on international study tours and in IFIC summer schools
- Alumni programme for graduates

education cognitive and work level can be demonstrated.

Goal of the program

After the completion of this graduate program students will have become an authority in the design, delivery and management of integrated care. Students will be able to think both strategically and assertively and use their professional skills and business-oriented insights to lead and manage change successfully. The competences gained will fulfil the roles of the integrated care designer: process manager, advisor, and professional leader.

Title

After the successful completion of the MSc program, students will have earned the title: *Master in Integrated Care Design*

Admission requirements

In order to be accepted students must possess the following:

- A completed recognized course of higher professional education or a comparable competency level in healthcare or welfare (for example as a social worker, socio-pedagogic caregiver, occupational therapist, nurse, physician or psychologist);
- At least two years of relevant work experience.

Admission via assessment

If students do not meet the admission requirements, it is nonetheless possible that they may be admitted via an assessment where the higher professional

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Modules

The course comprises 12 modules (6 each year) of ten weeks each that combines lecture content, group work, desk research and assignment writing.

In the first year students complete the following modules:

- **Research**
methods/critical thinking
- Case study research and moral reasoning
- **Evidence-based practice**
- Strategy and policy
- Integrated care design principles
- **Personal effectiveness/**
advisory skills

In the second year students complete the following modules:

- Problem- analyses/
prevention
- Design-oriented research
- **Process-** product
management
- **Implementation and**
change management
- Knowledge management
- Finance, planning and
control
- Reflective practice/
presentation and publication

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